



**BALANCING THE
FEMININE &
MASCULINE IN
BUSINESS & LIFE**

INSTRUCTOR | NILIMA BHAT
AUTHOR & FOUNDER,
SHAKTI LEADERSHIP
FELLOWSHIP

ENROLLING NOW

EIGHT (8) WEDNESDAY MORNINGS at 8am PST / 11am EST
CLASSES TAUGHT LIVE ON ZOOM BY NILIMA BHAT
JANUARY 27, 2020 – MARCH 17, 2021

YOUR TRANSFORMATION

Whether you are a man, women or nonbinary, you'll awaken to your innate feminine leadership capacities, through an inside-out, consciousness-based approach that sources directly from your authentic, resilient, life-affirming and regenerative core, your Shakti.

You'll learn to become whole by integrating your masculine and feminine nature so you can come into your true power and presence and embody leadership maturity and agility.

LIMITED ENROLLMENT

Offered exclusively at *Significance Learning Center*, this class is capped at 40 students. [REGISTER NOW](#) to reserve your space.

COURSE ELEMENTS

- 100% LIVE TAUGHT (VIRTUALLY)
- 9 HOURS LEARNING & ENGAGING WITH NILIMA BHAT
- Q&A
- ACTIVITIES
- WORKSHEETS
- PRESENCE PRACTICE
- MEANINGFUL CONNECTION WITH FELLOW LEADERS & CHANGEMAKERS
- PRIVATE COMMUNITY FORUM
- CLASS SIZE LIMITED TO 40

[REGISTER NOW
TO SAVE YOUR SPOT](#)

SHAKTI LEADERSHIP: BALANCING THE FEMININE & MASCULINE IN BUSINESS & LIFE



CLASS 1 - JAN 27, 2020 1.5 - Hour Class

The Heroic Journey Map

- Simplified Journey
- Overcoming Ordeal dyad activity: (Worksheet: Heroic Journey)
- Plenary: What doesn't kill you only makes you stronger: Growth through Crisis
- Hero & Heroine's Journey (Activity: Masculine vs Feminine energy experience)
- Unconscious & Conscious Journey
- Conscious Woman's Journey

CLASS 2 - FEB 3, 2021 1.5 - Hour Class

Journey Dynamics Simplified

- Allies & Enemies
- Drama to Dharma triangle (Conflict Management Framework)
- Archetypes as agents of individuation
- 4-fold Self (Turning our unconscious drives into our Power-bases)
- Inner & Outer Journey (Self-mastery & Selfless Service)

CLASS 3 - FEB 10, 2021 1 - Hour Class

SHAKTI Leadership Model: Overview & Presence + Activity (Presence Practice)

CLASS 4 - FEB 17, 2021 1 - Hour Class

SHAKTI True Power / Agency + Activity (Power Over vs Power With) + Reflection

CLASS 5 - FEB 24, 2021 1 - Hour Class

Wholeness (Sourcing Shakti)

- Types of Wholeness (Western, Chinese, Indian Worldview)
- A personal assessment for wholeness – strengths and gaps

CLASS 6 - MAR 3, 2021

Flexibility (Embodying Shakti)

- Masculine & Feminine Polarity
- Leveraging Masculine & Feminine power
- Masculine & Feminine leadership styles assessment (Activity)
- Flexing between both Leadership Styles to respond to a changing context

CLASS 7 - MAR 10, 2021 1 - Hour Class

Congruence (Manifesting Shakti)

- I AM – I CAN – I WILL
- Envisioning & Evolving your powerful personal myth (Activity)
- Presence Practice: To fill in 4 Quads
- Higher Self Dialogue: Articulate personal Higher Purpose statement
- Integration: Drawing of Power Symbol

CLASS 8 - MAR 17, 2021 1 - Hour Class

Congruence (Manifesting Shakti) Continued Integration Plenary & Closing

Creating and strengthening cohorts for future network and support
Key-takeaways, Appreciations, Close

SHAKTI LEADERSHIP: BALANCING THE FEMININE & MASCULINE IN BUSINESS & LIFE



PROGRAM OBJECTIVES

This 8-Week live taught online course provides grounding into the Heroic Journey and the Five Elements of Shakti Leadership.

The program focuses on Self-Leadership; building self-awareness and self-responsibility towards the life and leadership one wants to experience.

Participants will feel equipped to return and show-up modelling this whole new level of equipoise/confidence as well as openness and flexibility as leaders.

Specifically, in terms of Knowledge, Skills & Attitude (KSA), leaders will learn about

Unconscious Bias	Psychological Wholeness
The Hero's Journey Map	Masculine – Feminine
Presence Practice	Leadership Style
Higher-Self Dialog	Assessment
Power Dynamics	(Re) Claiming "Higher Purpose"
Diversity & Inclusion /	Story-telling / Myth-making
Gender Sensitization	Cohort Building

WHO SHOULD ATTEND

Men and women who want to gain self-mastery, reclaim their power, express their authentic voice and find personal meaning and purpose to show up as leaders and change agents in the organization, their teams and communities.

The group may consist of Leadership Coaches and Facilitators, Conscious Capitalists / Entrepreneurs, senior level HR professionals and those identified to build Diversity & Inclusion and Leadership pipeline within their organizations.

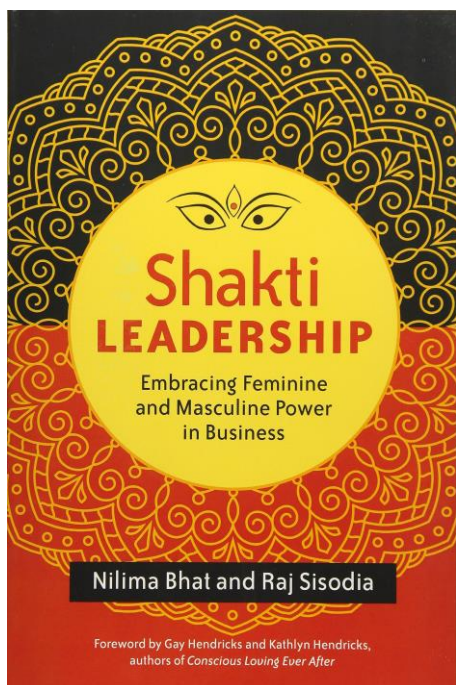
SHAKTI LEADERSHIP: BALANCING THE FEMININE & MASCULINE IN BUSINESS & LIFE



CURRICULUM, FRAMEWORKS & FORMAT

The entire content is based on Nilima Bhat and Raj Sisodia's book on Shakti Leadership, which builds on the Conscious Capitalism tenets of Conscious Leadership and the Higher Purpose of Business. **The book is required pre-reading for participants.**

Shakti Leadership is a unique, synthesized model that includes elements from:



- Latest Leadership frameworks of cultivating Executive Presence, building a personal brand and the power of story-telling.
- Joseph Campbell and Maureen Murdock's work around Myth and the Hero / Heroine's Journey;
- Carl Jung's work around Values & Shadow, Archetypal and Depth Psychology
- Eastern frameworks such as Integral Yoga, Yin-Yang

BUY THE
BOOK
HERE

REGISTER NOW
TO SAVE YOUR SPOT

SHAKTI LEADERSHIP: BALANCING THE FEMININE & MASCULINE IN BUSINESS & LIFE

PROGRAM OVERVIEW

MEN AND WOMEN URGENTLY NEED A LEADERSHIP MODEL THAT WORKS FOR TODAY'S WORLD. The prevailing leadership paradigm, arising from its militaristic origins, over-emphasizes masculine values such as confidence, competition and decisiveness, and focuses primarily on an outside-in, competency-based approach.

Prominent recent leadership models proposed for women in books such as *Lean In*, *How Remarkable Women Lead* and *The Athena Doctrine* address certain desirable leadership behaviors and provide evidence that women are innately suited to a more human and holistic approach to leadership that is needed in the world today: generative, creative, empathetic. However, they do not offer enough guidance on the journey: how women can start from where they are and cultivate their inner capacities to become transformational leaders who combine great strength with an innate capacity for caring. As Joseph Jaworski put it, most leadership models focus on what leaders do, and some on how they do it. But the key question is "from where?"

This unique program aims to awaken men and women to their innate feminine leadership capacities, through an inside-out, consciousness-based approach. That sources directly from their authentic, resilient, life-affirming and regenerative core, their Shakti.

When men and women learn to become whole, by integrating their masculine and feminine nature, they come into their true power and presence, and can embody leadership maturity as well learning agility. This unleashes their formidable creativity and innate entrepreneurialism to raise themselves, their teams and the organization to the next, desired level. Furthermore, their awakened ownership of issues can go on to help harmoniously resolve the conflicts and crises they face outside the organization on many fronts: economic, social, political and environmental.

Developing Shakti-based leadership is a **transformative** "Hero's" or "Heroine's journey"; to their unique wholeness and purpose. This journey of self-discovery and to "having-it-all", though experienced as deeply personal, is completely universal and little known.

In this program we will bust the false myths/limiting beliefs that have conditioned us and reclaim our power from the unconscious drives, urges and voices that rule us. We will discover the stages of this "everyman" and "everywoman's" journey to self-mastery and selfless service, in our own life-story; and surface our empowering personal myth that will give us the road-map, the destination and the fuel for the leadership journey and to conquer and thrive on the challenges that lie ahead.

**REGISTER NOW
TO SAVE YOUR SPOT**

SHAKTI LEADERSHIP: BALANCING THE FEMININE & MASCULINE IN BUSINESS & LIFE



SHAKTI LEADERSHIP MODEL JOURNEY & ELEMENTS

1	The Heroic Journey	This is based on Joseph Campbell's Hero's Journey and is essential to grow into a conscious leader. And to discover how women journey differently from men. The program requires you to undertake a heroic journey with mythic and archetypal elements, in order to reframe your personal myth as well as your leadership. YOU WILL DISCOVER WHERE YOU ARE ON THE HEROIC JOURNEY AND RELATE IT TO OUR CURRENT LEADERSHIP & LIFE CHALLENGES.
2	Presence	Shakti Leadership is rooted in <i>Presence</i> , its first element. We begin by learning and practicing how to cultivate a state of being that is in constant and conscious contact with our true/higher self and the source of our Shakti. YOU WILL SHARE HOW YOUR PRACTICE OF PRESENCE IS COMING ALONG, right through the course.
3	Shakti (and Shiva)	<i>Shakti</i> without <i>Shiva</i> is chaos. <i>Shiva</i> without <i>Shakti</i> is sterile. Conscious living calls for integrating the inner masculine and feminine principles in order to come into balance. We learn to access our <i>True Power</i> , the second element of Shakti Leadership, and mindfully exercise 'power-with' in our relationships. YOU WILL UNDERSTAND YOUR RELATIONSHIP WITH POWER AND HOW YOU EXERCISE IT.
4	Wholeness	The third element of Shakti Leadership is <i>Wholeness</i> , the capacity to balance, integrate, and unite all the divided and fragmented parts of oneself. In addition to understanding the different types of Wholeness needed in Leadership, you will be introduced to the Integral Health model for Wholeness; and TAKE THE HOLISTIC HEALTH QUESTIONNAIRE (HHQ) to leverage your Strengths and address your Stressors to secure your immunity and Wellbeing.
5	Flexibility	The fourth element of Shakti Leadership is <i>Flexibility</i> : how to flex between masculine and feminine energy and polarities as the situation or context requires. THROUGH THE PROGRAM YOU WILL SHARE TO WHAT EXTENT YOU HAVE ACHIEVED THE 'HOLY FAMILY REUNION' AND BECOME THE 'WISE FOOL OF TOUGH LOVE' IN YOUR PRACTICE OF FLEXIBILITY IN KEY LEADERSHIP MOMENTS.
6	Congruence	We end with the critical capacity of <i>Congruence</i> , the fifth element of Shakti Leadership. This is about aligning with one's ' <i>Swadharma</i> ' - personal higher purpose, what you are here to live and be and do. YOU WILL UNCOVER YOUR BLISS OR YOUR HEARTBREAK AND HOW YOU ARE FOLLOWING IT BY LEADING FROM YOUR INNATE AND UNIQUE ESSENCE. IN THE PROCESS, BEING THE CHANGE YOU WISH TO SEE IN THE WORLD.

[REGISTER NOW
TO SAVE YOUR SPOT](#)